PBS

Life Saving Rules
Safety Theme
September



DRIVING SAFELY

Empowering Safety Interventions 2026

What This Safety Theme Will Achieve

Clear expectations before, during and after every journey

RECOGNISE
Driving is a work activity with changing risks.

APPLY
Use the PBS Life-Saving Rules driving commitments every time.

INTERVENE
Stop, speak up and reset when controls are weak.

COMMIT
Make a personal choice that protects everyone.

OUTCOME | A consistent PBS driving standard that is understood, visible and reinforced by leaders and colleagues.



Driving Intervention: Recognise, Stop, Reset

Remember

Stop Work Authority is applied to every journey

Everyone has the right and responsibility to pause a journey when conditions appear unsafe.

1

RECOGNISE

Unsafe condition, risky behaviour or an unexpected change.

2

STOP

Do not depart, or pull over safely when it is safe to do so.

3

NOTIFY

Explain the concern to the driver, supervisor or journey contact.

4

RESET

Restore effective controls and confirm it is safe to continue.



No journey is so important that it cannot be paused, changed or cancelled.

Preparing To Drive

Safe journeys begin before the engine starts



Start-Work Check: Driver, Journey, Vehicle

Pause before departure and carry out the start-work check



Driver

Are they fit, rested, authorised and competent?

Journey

Think route, weather, time, breaks and communications

Vehicle

Is it roadworthy, suitable, secure and correctly loaded?

Vehicle Pre-Use Check

A simple walkaround can prevent a serious accident



1. Tyres and visible damage
2. Lights, mirrors and glazing
3. Fluids, fuel or charge level
4. Seatbelts and safety equipment
5. Load, tools and loose items secured
6. Defects reported and resolved

Do not use a vehicle with a safety-critical defect.

Seatbelts: Every Seat, Every Journey

The first control is **non-negotiable**



Driver

Check the belt is worn correctly before moving.

Passengers

The journey does not start until everyone is secured.

Intervene

If a belt is removed, stop safely and correct.

Speed, Space & Road Conditions

A limit is not always a safe target



SPEED

Stay within the limit and reduce speed when conditions demand.

SPACE

Maintain enough distance to stop safely.

VISION

Read the road ahead, not only the vehicle in front.

Phones & In-Vehicle Distraction

Set the journey up so the device cannot compete for attention



BEFORE Set navigation and communications while parked.

DURING Do not use the phone or operate devices while driving.

IF NEEDED Stop in a safe, legal place before interacting.

Fitness & Fatigue

Being legal to drive is not the same as being fit to drive



Warning Signs

- Difficulty concentrating
- Frequent yawning or heavy eyes
- Poor lane control or missed signs
- Irritability, rushing or reduced judgement

Journey Management

Proportionate planning for the risk and distance



PLAN

Need, route, timing, weather and alternatives

CHECK

Driver, vehicle, load and communications

AUTHORISE

Apply the required PBS approval process

MONITOR

Check in, manage changes and take breaks

CLOSE

Confirm safe arrival and report learning

Site Driving & Pedestrian Segregation

Vehicles and people must never compete for the same space



USE
Designated routes, walkways and crossings

SEE
Stop if visibility or eye contact is uncertain

SEPARATE
Obey barriers, exclusion zones and banksman controls

SLOW
Use site limits as a ceiling, not a target

Adverse Weather & Changing Conditions

Reassess continuously, especially on UK roads



VISIBILITY
Rain, spray, glare, darkness

GRIP
Ice, standing water, mud, snow

WIND
Exposed roads and high-sided vehicles

ROUTE
Closures, diversions and safe stopping places

Change the plan, delay the journey or stop safely when controls are no longer adequate.

My Commitments To Safe Driving

One standard, every journey, every time

- ✓ I wear my seatbelt
- ✓ I drive to the conditions
- ✓ I do not use a phone or device
- ✓ I am fit, rested and alert
- ✓ I protect pedestrians
- ✓ I follow journey management requirements



Drive Safe, Home Safe

Every journey, everyone, every time

