

# CLOTHING POLICY

to be worn under your survival suit - UK waters



## SUMMER

1st June to 30th September > 10°C  
2 layers (inc one long sleeve top)

Suggested combination; t-shirt, jumper & trousers

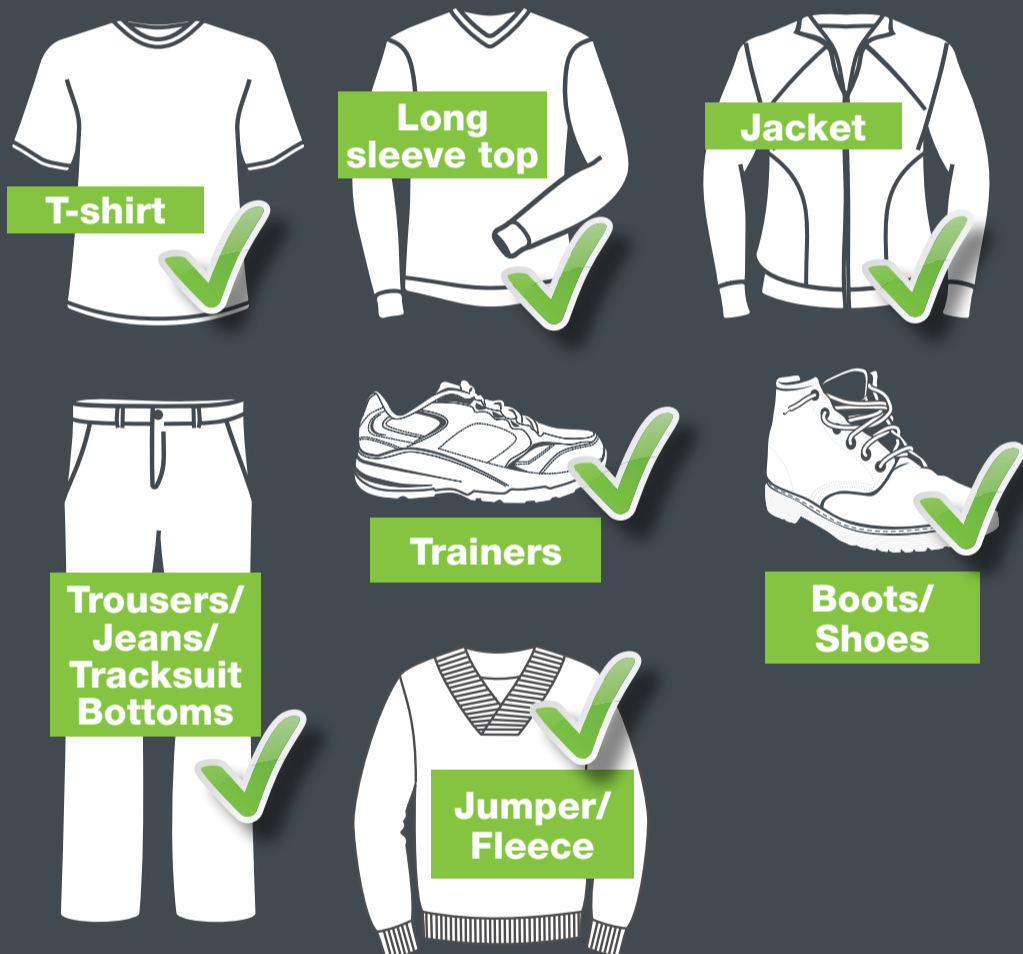


## WINTER

1st October to 31st May < 10°C  
3 layers (inc one long sleeve top)

Suggested combination; long sleeve top, short sleeve top, jumper & trousers

## Do's



## Don'ts



### Can I wear jeans?

Yes you can wear jeans to travel in.

### Why is summer in June and not May?

We took the average sea temperatures of the UKCS over a number of years to decide when the water is warmer and when it is colder, therefore requiring more or less layers. We then used this information to decide that Summer is from 1st June – 30th September and Winter is 1st October – 31st May.

### Why three layers in winter?

Studies have shown that the more layers you have on, the lower your risk of getting hypothermia when exposed to cold water. During winter you must wear 3 layers, one of which must be a long-sleeved top. It is important to protect your core so more layers are required to cover your chest and internal organs.

### Why no hoodies?

Hoodies, or any item of clothing with a hood, will interfere with the neck seal of the survival suit. It is essential that the seal around your neck and wrists is strong so that in the extremely unlikely event you are in the water there are no weaknesses in the seals to allow water into the suit. Polo-necks and jackets with high collars also pose a risk to the neck seal.

