



HSE Pack

February 2026

SLIPS, TRIPS & FALLS

Slip, Trips and Falls – PBS Incidents 2025



No	Incident Classification	Date	Asset	Details
1	FAC	06.02.2025	Elgin	Slip on grating
2	FAC	20/02/2025	Ailsa	Twisted ankle stepping off bottom stair
3	FAC	09/03/2025	SGP	Slip on staircase
4	FAC	10/03/2025	Alwyn	Trip on Helifuel Hose
5	NWR LTI	11/03/2025	Culzean	Slip on internal Stairs
6	NWR FAC	12/09/2026	Elgin	Slip whilst using bathroom in night

All of these incidents were preventable. We can reduce these events in 2026.



IMCA: Preventing Slips & Trips



**BE PREPARED TO
WORK SAFELY**

Preventing slips and trips



Click the image to watch
the video

https://youtu.be/bs7sG1Xv-XY?si=_YQCI_NJ-SWfmb-F



Understanding the Slip Potential Model



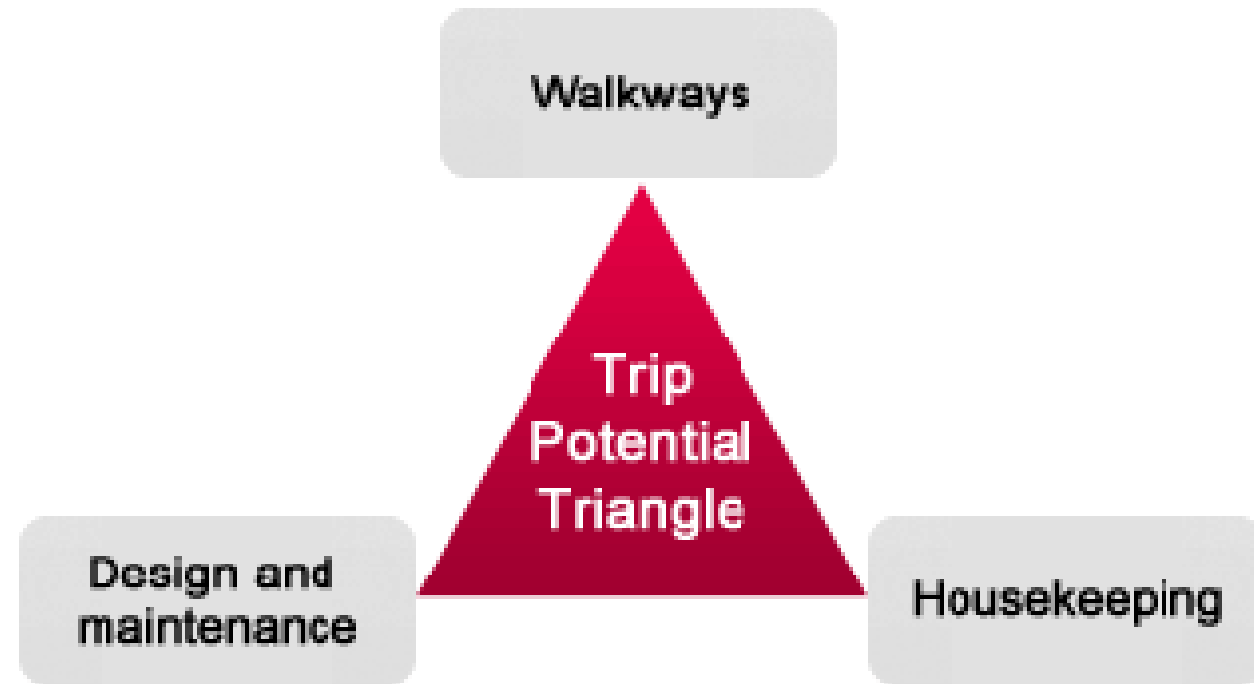
Each of these factors may play a role in slip, trip, and fall risks.

We will break them down one by one in the following pages to understand their impact.

The Slip Potential Model

- Contamination
- Cleaning
- People
- Flooring
- Environment
- Time Pressure

Trip Potential Model : Affected By Slip Potentials



Contamination & Cleaning



Contamination

Identify where the contamination is coming from:

- Spills
- Leaks
- Overflow
- Cleaning activity
- Run-off
- From footwear



Cleaning

Effective cleaning is an important way of employers managing slips and trips risks. Cleaning is important in managing slips and trips for two reasons:

1. Cleaning is supposed to deal with contamination that would otherwise lead to slip accidents but, the cleaning process often introduces slip or trip hazards, i.e. wet floors, trailing cables, etc.
2. Make sure that staff who carry out cleaning duties have the right information, instruction and training to enable them to carry out their work safely and effectively.

People & Flooring



People

How people act and behave in their work environment can affect slips and trips.

- Deal with spillages instead of waiting for someone else to deal with it
- Wear appropriate footwear (Personal Protective Equipment - PPE) as it can make a difference
- Rushing, carrying large objects which prevents them from seeing where they are going or becoming distracted whilst walking e.g. by using a mobile phone
- Focus – Minimise distractions and maintain situational awareness.
- Use the Handrails - Always



Flooring or Underfoot

Flooring must be suitable, in good condition and free from obstructions.

- Flooring must be cleaned as appropriate and ensure people can walk without risk of slip
- Scaffold and Deck areas should be maintained and have good levels of housekeeping
- Gratings should be secure and level
- Waste and obstructions should be removed in a timely manner to
- Focus – Minimise distractions and maintain situational awareness

Environment & Time Pressure



Environment

Environmental issues and adverse weather can increase the risk of slips and trips, so it's important to take them into consideration.

Before we continue, 'Environment' refers to factors like lighting, noise, weather, humidity, and condensation - each of which can affect slip and trip risks.



Time Pressure

Time Pressure

Do not rush and maintain your situational awareness at all times.

Access routes may have significant congestion and will require focus to transit safely

The following shows how they can affect slips and trips.

- **Too much light** on a shiny floor can cause glare and stop people from seeing hazards on the floor and stairs.
- **Too little light** will also prevent people from seeing hazards on the floor and stairs.
- **Adverse weather**, such as snow, ice, high winds, or storms can create slippery surfaces and unstable conditions, increasing the risk of slips, trips, and loss of balance.



PPE Maintenance



Maintaining our PPE in good order will help reduce the risks, If your PPE is damaged or worn out, please talk to your supervision and order new in a timely manner.

Make sure your PPE fits properly

Incorrect sizing directly contributes to trips and entanglement accidents



Incorrect sized coveralls which lead to a trip and broken wrist

Check your boots regularly

Keeping your boots in good order and good grip will significantly reduce the risks of slips and trips



What Do Slip & Trip Accidents Cost?



Fact: 95% of falls result in broken bones

Cost to the individual (incalculable)

- Loss of income
- Pain from injury
- Reduced quality of life
- Worry and stress
- Family impacts



Cost to employers (Over £500m per year)

Visible costs

Insured costs (injury, ill health, damage)

Hidden costs

- Product, plant, equipment damage
- Production delays
- Overtime working, temporary labour and training
- Loss of expertise and experience
- Investigation time
- Clerical effort
- Fines, effect of accidents and loss of image

Cost to society (Over £800m per year)

- Costs the NHS £133 million per year
- Loss of potential output
- Social security

In 2002/03, slips, trips and falls on the level led to 698,336 hospital bed days - more than eight times the 82,395 bed days caused by accidents involving car occupants.

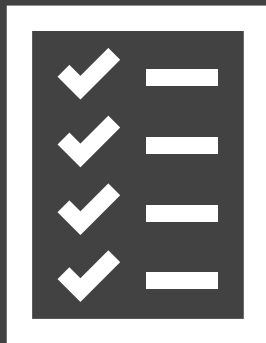
Hospital Episode Statistics - England: financial year 2002-03

<https://www.hse.gov.uk/slips/costs.htm>

Hazard Spotting Checklist

Regularly & Proactively look for the factors from the Slip Potential Model

(Contamination, Cleaning, People,
Flooring, Environment, Time Pressure)



Use checklists to
help guide you.



Health and Safety
Executive

Slips and trips

Hazard spotting checklist



This checklist will help you identify slip and trip hazards in your workplace and decide what action to take. It will be of benefit to anyone who assesses and manages slips and trips at work.

The checklist provides examples of hazards that can be found in and around workplaces, and suggests actions that you can take to resolve them. The list tries to cover as many slip and trip hazards as possible. Some may not apply to you, while you may come across others not mentioned here, but which you will need to consider. Room has been left on the checklist for you to add any hazards that are specific to your workplace.

To get the most from the checklist, you will need to walk through your workplace, including the outside grounds as appropriate, speak to union and employee safety representatives, workers and others to get their views of hazards and risks in the workplace, and then together decide what you could practically do to put them right. It is important to take action once a hazard has been identified.

Risk mapping tool

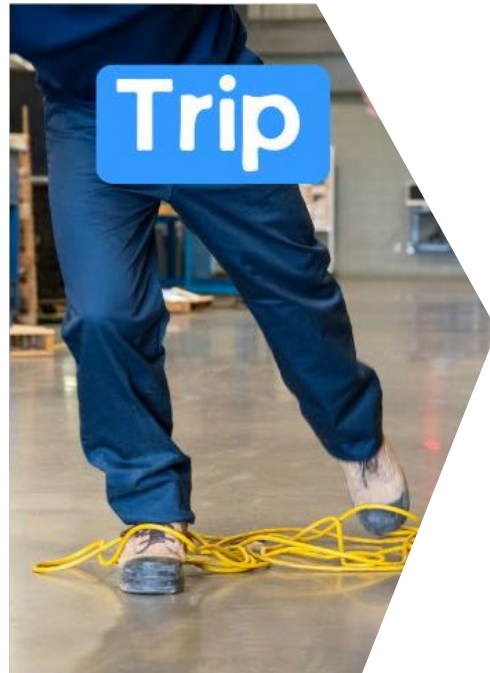
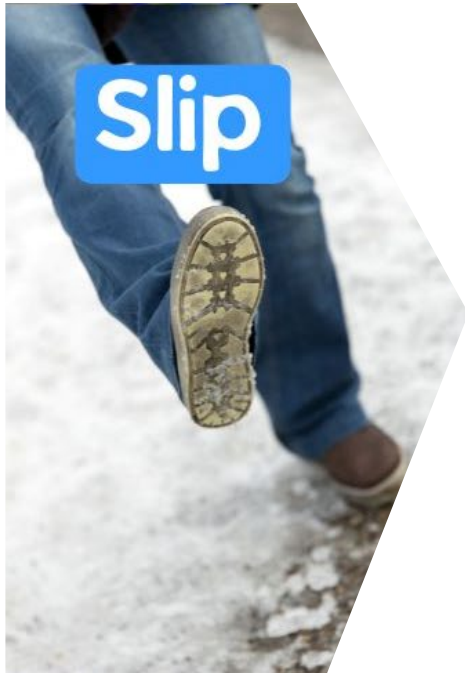
This checklist can be used in conjunction with the risk mapping tool www.hse.gov.uk/slips/mappingtool.pdf. The mapping tool can help you to identify high-risk locations and hazards in your workplace and people who may be at risk.

Assessing risk

You can also use this checklist to feed into your broader health and safety risk assessment process. More guidance on risk assessment can be found at www.hse.gov.uk/risk.

<https://www.hse.gov.uk/pubns/ck4.pdf>

Consequences



- **27%** of workplace fatalities arise from falls from height
- **37%** of reported employee injuries were caused by a slip, trip or fall from height
- **56%** of all major injuries were the result of a slip, trip or fall
- **31%** of over 7-day injuries resulted from a slip, trip or fall
- **On average, 2 million** working days are lost to such incidents



Remember: Work Safe – Home Safe



Key Behaviours

- Stay Focused
- Use The Handrails
- Check your PPE
- Report Spills and Trip hazards
- Maintain Housekeeping
- Maintain Your Situational Awareness
- Watch for Time Pressures

